

A Love of Tennis

est. 2010

Table Of Contents

About Us page 3

The Program page 13

Staff page 23

Join Us page 29



About Us





So, what is A Love of Tennis?

A Love of Tennis provides fun, play based tennis programs for children and youth for ages 6-18 years as well as girls and womens programs for ages 18+. There are no barriers to participation equipment provided.

Our mission: Empowering children to be active through tennis programs building character and life enhancing values.

Our vision: The self confidence to pursue your dreams

We are also charitable organization and accept donations. Our charitable number is 835021205 RR001.

Our programs runs from May to October at 2 different locations.







Partners

We are currently
partnered with:



RBC
Learn to Play
Project



Ontario
Trillium
Foundation



Fondation
Trillium
de l'Ontario

Impact



Six

hard courts refurbished
across two school sites



Ten

Ottawa schools
provided
equipment and training
to incorporate tennis
into their physical
education



Ten Thousand

Volunteer hours put forth by community members



Six

pros certified as instructors
by Tennis Canada

Twelve Thousand

children and youth who have
participated in our programs

Eighty-Five%

retention rate across participants

One Hundred%

program participants with improved
physical literacy scores

Program





Our Core Values



Optimism



Excellence



Accountability



Knowledge



Honesty



Respect



Teamwork

Tennis for Everyone



Tennis for
Everyone brings programming
to various areas in Ottawa where kids
have no access to tennis courts or lessons.

Women's and Girl's League

Few females are in tennis, coaching or leadership roles. 1 in 3 girls aged 16+ quit sports, and 62% of girls do not play a sport. We are committed to expanding our women's and girl's league to empower and inspire young girls to envision a future for themselves in tennis, and with increased confidence become leaders in their communities.

Female Exclusive Programs

Ace: Ages 18 to 29

- Team play
- Lessons for beginners
- Take turns being team captain

Sets in the City: Ages 30+

- Women's league
- Play in teams
- 1 to 2 times a week

Our women's and girl's league efforts are in line with Tennis Canada and National Bank's Girls. Set. Match initiative.



Team Tennis

Active Start

First Love, ages 4 to 5



Fund

Love, ages 6 to 7
Topspin, backhand



Deve

Slice, age 8 to 9

Tenn

Ages 11+
Encourag
active and
competiti

s Programs

amentals

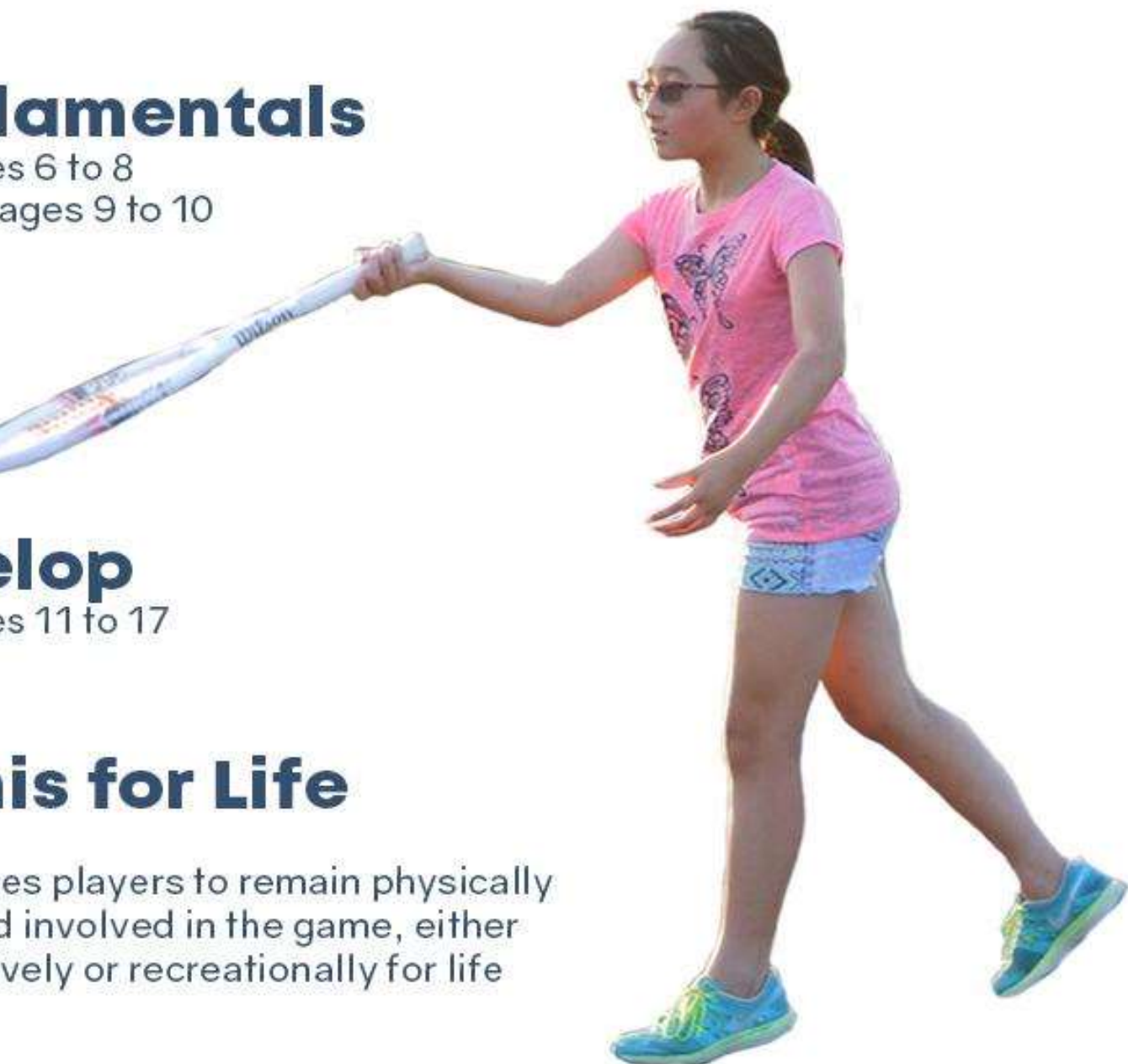
es 6 to 8
ages 9 to 10

elop

es 11 to 17

is for Life

es players to remain physically
d involved in the game, either
vely or recreationally for life



The background of the slide is a photograph of a tennis court. The court surface is a light greenish-blue color. In the upper portion of the image, there is a dark green chain-link fence. To the right, a portion of a tennis ladder is visible, with its rungs alternating between yellow and red. The ladder is positioned diagonally, extending from the middle right towards the bottom right corner.

Physical Literacy

“Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life.”

– *The International Physical Literacy Association,*
May 2014



Staff





Danielle Smith

Founder

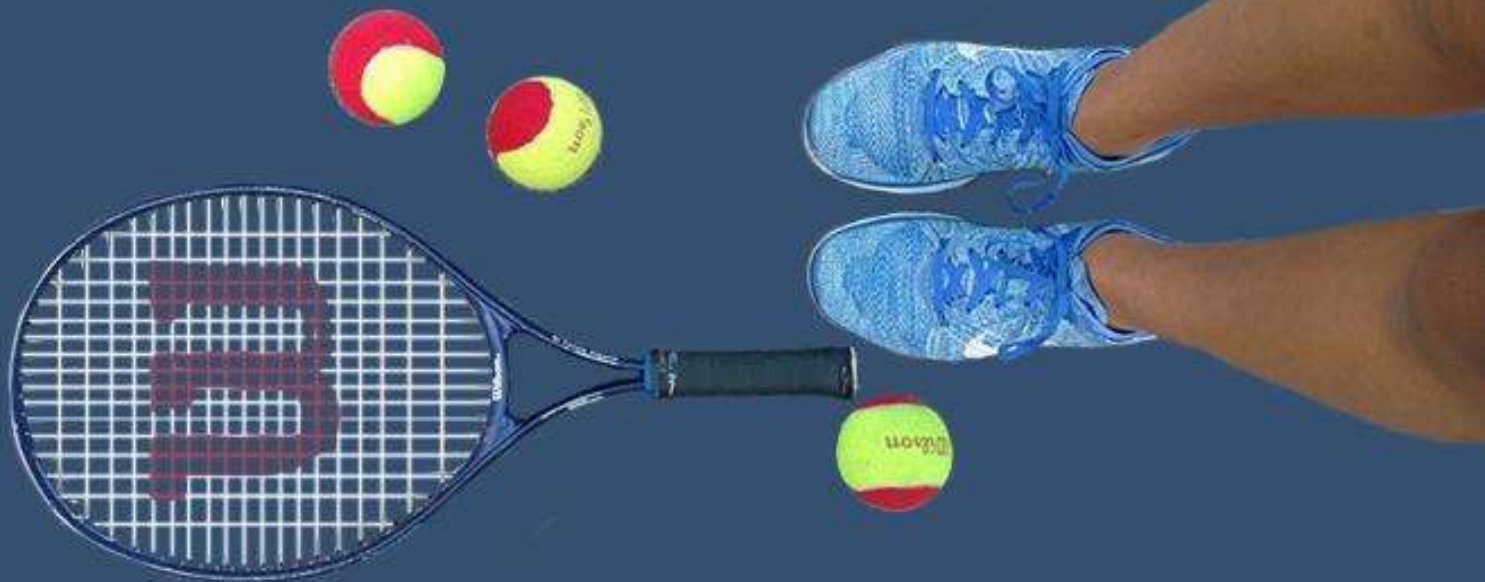
Danielle graduated from the University of Ottawa with a degree in nursing. She is currently working on her MBA. She believes that sport has the unique power to uplift a community and congregate the next generation of leaders. It also has the power to uplift individuals, improving their health by decreasing obesity, depression, social isolation and diabetes, and allowing them to live a longer and healthier lifestyle.



Isabel Theberge

Vice President

- Involved from the ground up for 10 years
- Has a kinesiology and physiotherapy degree
- Completed her medicine degree at the University of Ottawa
- Will be interning as an anesthesiologist in Ottawa
- Passionate about making a difference in the lives of kids



Treasurer

Luca Vella

- uOttawa graduate with a business degree and accounting major
- Has CPA and CMA designations
- Excellent communication skills
- Amazing at organizing our finances
- Kind and caring



Teachers

Jess Smith



- U of T graduate (BSc degree)
- Earned a diploma in coaching & sport development at Humber College
- Taught tennis & figure skating in Mississauga
- Completed early childhood education
- Certified Tennis Canada instructor

Ashley Wojdan

- St. Francis Xavier University Graduate with a business degree & major in accounting
- Ranked provincially and nationally in competitive tennis
- Completed coach 1



Rachel Stymiest



- Tennis Canada Certified
- Ontario Certified Teacher with Bachelor of Arts and Bachelor of Education degrees
- Part of the program for more than 20 years

Join Us





Locations

Hillcrest Programs

- First Love & Love
- Topspin
- Slice
- Ace (Girls Only)
- Sets in the City
(Women's League)

Ridgemont Programs

- After School (Topspin)
- After School (Love)

Contact Us

Phone: 613-805-1029

Fax: 613-739-1405

Email: admin@aloveoftennis.org

Address: 25 Keys Way Ottawa, ON K1G 4M3

Social Media: www.aloveoftennis.org and
[@aloveoftennis](#) on Instagram



If you wish to support us, there are many donation programs available on our website. To register and or donate go to www.aloveoftennis.org. Please follow us on instagram at @aloveoftennis!

